



ACS Institute of Psychotherapy & Training Trainee/Internship Program 2025-2026

DESCRIPTION OF PLACEMENT:

Adolescent Counseling Services' houses four programs including: our **On Campus Counseling Program (OCCP)**, providing free counseling services to students and their families at schools in culturally diverse communities in the Bay Area; our **Adolescent Substance Abuse Treatment Program (ASAT)** providing intensive outpatient and outpatient services for teens and their families; our **Outlet Program**, providing support, educational and therapeutic services for LGBTQ+ youth and their families; and finally, our **Community Counseling Program (CCP)**, providing therapeutic services for teens and their families. Interns and trainees are placed in one program for the entire year and they provide ongoing individual, group and family counseling services to clients and family members within their program. Trainees/Interns are encouraged to remain at ACS for future years within a different program, or in a paid role. To learn more about our programs, <http://www.acs-teens.org/what-we-do/>

QUALIFICATIONS:

Ideally, applicants will have prior experience working with children and/or adolescents. At least one year of related clinical experience and/or experience working in a mental health or school based program-related setting would be especially helpful but is by no means a requirement. People of all backgrounds are encouraged to apply.

TRAINING AND SUPERVISION:

ACS follows all BBS/Board of Psychology regulations with regard to clinical supervision. Interns and trainees receive a minimum of 1 hour of individual supervision and 2 hours of group supervision on a weekly basis. ACS also offers a weekly 1-2 hour Didactic Training Program on a range of clinical topics that runs throughout the year. Site & Clinical Supervisors are composed of experienced Clinicians, Licensed Psychologists (PhD & PsyD), Licensed Marriage and Family Therapists (LMFT) or Licensed Clinical Social Workers (LCSW).

STIPENDS: We are able to offer a stipend to all trainees (Paid twice yearly). Bi-lingual Spanish and some threshold language speakers are eligible to receive a stipend increase.

TIME COMMITMENT: Mid-August through mid-June; 18-24 hours per week per contracted agreement with academic institutions. Some programming stretches into the summer months and may include an extended or supplemental arrangement. Wednesday afternoons are reserved for supervision and Didactic training in ALL programs.

TO APPLY:

Qualified applicants are asked to complete a brief online application, and upload a resume, cover letter and letter(s) of recommendation at <https://www.surveymonkey.com/r/ACS-Teens>

Please take the time to review our website for further information.

ACS TRAINEESHIP/INTERNSHIP PROGRAM FACT SHEET

Types of Services – Assessments, individual therapy, family therapy, group therapy, psycho-education, community engagement, training/education, substance abuse treatment (depending on program)

Types of Interventions – Psychodynamic, cognitive-behavioral, humanistic-existential, integrated approaches, evidence-based substance abuse modalities and more

Eligibility – Second year MFT or MSW trainees; second or third year Doctoral Practicum, AMFT, ACSW students; Additionally, 1st year students with prior experience working in a clinical setting are also encouraged to apply

Time commitment – 18-24 hours a week (depending on program) & **Supplemental Placements Available**

The breakdown of your total time per week will be spent as follows:

- 40-60% face-to-face with clients
- 15-20% intake and consultation
- 5-15% supervision
- 5-10% agency-wide or targeted seminars

Start Date: August 12 -13 -14, 2025 (Orientation week)

End Date: Mid June – August 2026 (*depending on program*). Qualified interns are encouraged to stay at ACS for a second or third year in a different program; a competitive Administrative Internship is also available to 1-2 students entering their 2nd/3rd year at ACS.

Supervision – 1 hour/week of individual supervision and 2 hours/week of group supervision by licensed MFTs, MSWs or Psychologists depending on school and/or BBS/BOP requirements. We have a team of talented and diverse supervisors that will be assigned to each trainee based on the needs of their assigned program, language spoken and learning needs.

Didactics – 1.5-2 hours of didactic training each week on topics related to best clinical practices, interventions needed for program assigned, and general topics of interest to all interns across the agency. Didactics will be given by the ACS staff, advanced interns, community mental health providers, and faculty members from participating graduate schools, etc...

Diversity – We serve a wide diversity of clients in terms of language, ethnicity, LGBTQ+, etc... in San Mateo and Santa Clara Counties. All trainees will be encouraged to work with clients from a variety of diverse backgrounds and components of the agency

Preparation - Please review the ACS website for updated information on our agency, programming and internship opportunities: www.acs-teens.org

Applications accepted starting in early January 2025!

**Applicants must apply via the link below.
Emailed applications will not be accepted.**



Apply via the following link of utilize the QR Code ⇒ <https://www.surveymonkey.com/r/ACS-Teens>